

THE RETREAT

Spend 6 nights at

Heritage Queenstown Resort

A 15 minute Lakeside walk to the heart of Queenstown, NZ.

Boasting stunning views of Lake Wakatipu, Cecil & Walter Peaks & The Remarkables Mountain Range, plus a bus-stop right at the door (with NZ\$2 bus fares!).

Daily Yoga caters for all levels of experience making this retreat perfect for everyone.

Package includes a cruise on Lake Wakatipu aboard TSS Earnslaw, a 1912 coal-fired Steamship, with gourmet lunch at Walter Peak Farm.

Enjoy free time to explore Queenstown and the many nature trails & Wineries. Do a Full day Coach/Cruise Milford Sound. Adrenaline seekers can Paraglide & Bungy or go Jetboating on the Shotover River.

Or join Audra & Phil on a Gondola to Skyline for an amazing meal with a view & ride the "fun for all ages" Luge, or take a day trip to Arrowtown to explore all the history that this quaint little town offers.

So many options! Links will be provided on confirmation of your booking.

Yoga with Audra QT NZ Retreat '25



Contact:
Audra Saunders
T/A Yoga with Audra

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Queenstown NZ YOGA RETREAT

11-17 April 2025



Queenstown Yoga Retreat 2025

FACILITATOR

Audra Saunders

Senior Yoga Teacher
& Yoga Therapist



ACTIVITIES

Lake Wakatipu Cruise & Walter Peak Lunch



+ Free Time to explore



Skyline Gondola



Skyline Luge



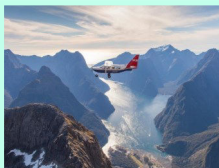
Shotover Jetboat



Otago Wineries



Milford Sound

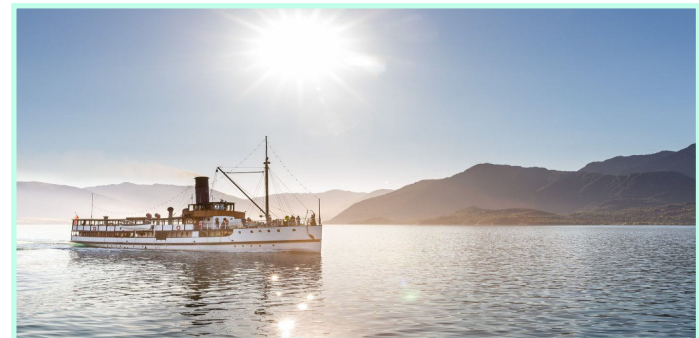


Mildford Flights

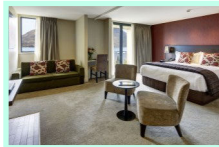
INCLUSIONS

6 nights accommodation

Daily Yoga, Daily Breakfast,
A Welcome & Farewell Dinner &
Lake Wakatipu Cruise & Lunch.



ACCOMMODATION



Heritage Queenstown Resort.

With Pool, Spa, Sauna, Gym,
Laundry, Restaurant & Bar.

MEALS



Included: Daily Breakfast +

1 Lunch & 2 Dinners.

All other meals are up to you.